



NNM Søndag stafett K-K-FRI
Sjømoen skistadion
18.03.2018
Offisiell Resultatliste



Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
1	Fauske/Skjerstad lag 1			31:19,0			40
	1 Leander Moises Fredheim	10:28,0 3	00:14,7	10:28,0 3	00:14,7		
	2 Asbjørn Megård Olsen	10:32,2 1	00:00,0	21:00,2 1	00:00,0	2	
	3 Chris Aleksander Støvset	10:18,8 4	00:36,6	31:19,0 1	00:00,0	0	
2	Senja/ballangen/Mellemb lag 1			31:55,3	00:36,3		46
	1 Daniel Sellevoll	10:24,1 2	00:10,8	10:24,1 2	00:10,8		
	2 Tobias Sørsløtt Samuelsen	11:28,2 2	00:56,0	21:52,3 2	00:52,1	0	
	3 Odin Isevlmo	10:03,0 2	00:20,8	31:55,3 2	00:36,3	0	
3	Kirkenes og omegn SK lag 1			32:55,7	01:36,7		44
	1 Robin Knutsen Stegavik	11:08,6 5	00:55,3	11:08,6 5	00:55,3		
	2 Sivert Samuelsen	11:38,5 3	01:06,3	22:47,1 4	01:46,9	1	
	3 Kyrill-Emil Lind-Hansen	10:08,6 3	00:26,4	32:55,7 3	01:36,7	1	
4	Bossekopp/Salangen lag 1			34:14,4	02:55,4		39
	1 Hans Fredrik Vestman Antonsen	11:10,5 6	00:57,2	11:10,5 6	00:57,2		
	2 Endre Nergård	13:21,7 10	02:49,5	24:32,2 8	03:32,0	-2	
	3 Tim Edvard Mechtchanski Hyldebrandt	00:00,0	00:00,0	34:14,4 4	02:55,4	4	
5	Hammerfest/Tverrelvdalen lag 1			34:57,0	03:38,0		41
	1 Andreas Gamst	11:25,4 8	01:12,1	11:25,4 8	01:12,1		
	2 Trym Aspaker	12:45,7 9	02:13,5	24:11,1 7	03:10,9	1	
	3 Mathias Padøy Opgård	10:45,9 7	01:03,7	34:57,0 5	03:38,0	2	
6	Leirådal/Sortland lag 1			35:07,9	03:48,9		37
	1 Johannes Sivertsen	10:49,1 4	00:35,8	10:49,1 4	00:35,8		
	2 Adrian Gundersen Pareli	12:37,6 6	02:05,4	23:26,7 5	02:26,5	-1	
	3 Emil Gjertsen	11:41,2 9	01:59,0	35:07,9 6	03:48,9	-1	
7	Narvik/Ankenes SK lag 1			35:23,3	04:04,3		38
	1 Sondre Thoresen Vallanger	12:10,2 10	01:56,9	12:10,2 10	01:56,9		
	2 William Ramslund	12:37,9 7	02:05,7	24:48,1 9	03:47,9	1	
	3 Isak Simonsen	10:35,2 6	00:53,0	35:23,3 7	04:04,3	2	
8	Tverrelvdalen/Polarstjernen lag 1			35:30,8	04:11,8		43
	1 Mathias Ullvang-Sønvisen	11:31,5 9	01:18,2	11:31,5 9	01:18,2		
	2 Marius Andre Bernhardsen	12:33,1 5	02:00,9	24:04,6 6	03:04,4	3	
	3 Truls Bernhardsen	11:26,2 8	01:44,0	35:30,8 8	04:11,8	-2	
9	Tromsø/Kvaløysletta lag 1			35:33,1	04:14,1		47
	1 Erik Mathisen	10:13,3 1	00:00,0	10:13,3 1	00:00,0		
	2 Jonas Pedersen	12:24,1 4	01:51,9	22:37,4 3	01:37,2	-2	
	3 Ottar Andersen Sagerup	12:55,7 12	03:13,5	35:33,1 9	04:14,1	-6	
10	Melbo/Medkila lag 1			37:36,5	06:17,5		42
	1 Tobias Hansen	14:20,6 12	04:07,3	14:20,6 12	04:07,3		
	2 Sara Micelle Lambertsen	12:42,0 8	02:09,8	27:02,6 12	06:02,4	0	
	3 Sebastian Hansen	10:33,9 5	00:51,7	37:36,5 10	06:17,5	2	
11	Tverlandet/Siso lag 1			37:56,4	06:37,4		36
	1 Stian Sagnes Karlsen	11:24,3 7	01:11,0	11:24,3 7	01:11,0		
	2 Theodor Botten	14:45,9 12	04:13,7	26:10,2 11	05:10,0	-4	
	3 Magne Pinnerød	11:46,2 10	02:04,0	37:56,4 11	06:37,4	0	
12	Herringen/Melbo/Skånland lag 1			38:22,1	07:03,1		45
	1 Trygve Hines	12:32,3 11	02:19,0	12:32,3 11	02:19,0		
	2 Marte Markussen	13:31,3 11	02:59,1	26:03,6 10	05:03,4	1	



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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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G 13-16 år mix 3x3km

3	Mathea Sivsdatter-Hermansen	12:18,5	11	02:36,3	38:22,1	12	07:03,1	-2
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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G13-16 år 3x3km							
1	Tromsø SK Langrenn lag 1			29:59,6			3
	1 Jacob Degerstrøm Hansen	10:00,6 4	00:01,2	10:00,6 4	00:01,2		
	2 Gustav Ryvoll	11:13,4 7	00:56,7	21:14,0 5	00:42,2	-1	
	3 Robert S. Kristiansen	08:45,6 1	00:00,0	29:59,6 1	00:00,0	4	
2	Medkila Skilag lag 1			30:20,5	00:20,9		1
	1 Andreas Nordgård	10:05,9 5	00:06,5	10:05,9 5	00:06,5		
	2 Andreas Skjelle	11:04,5 5	00:47,8	21:10,4 4	00:38,6	1	
	3 Noah Christoffer Nielsen Nylund	09:10,1 4	00:24,5	30:20,5 2	00:20,9	2	
3	Bossmo og Ytteren IL lag 1			30:25,6	00:26,0		2
	1 Birk Fjellheim	10:11,6 7	00:12,2	10:11,6 7	00:12,2		
	2 Preben Horven	10:20,2 2	00:03,5	20:31,8 1	00:00,0	6	
	3 Emil Kristoffer Bergli	09:53,8 7	01:08,2	30:25,6 3	00:26,0	-2	
4	Steinkjer Skiklubb lag 1			30:40,5	00:40,9		23
	1 Mathias Vanem Aas	10:10,6 6	00:11,2	10:10,6 6	00:11,2		
	2 August Helland Iversen	10:31,1 3	00:14,4	20:41,7 2	00:09,9	4	
	3 Vegard Brattsve	09:58,8 9	01:13,2	30:40,5 4	00:40,9	-2	
5	Alsvåg IL lag 1			30:50,7	00:51,1		22
	1 Vegard Bråthen	11:31,3 21	01:31,9	11:31,3 21	01:31,9		
	2 Sivert Nordeng	10:16,7 1	00:00,0	21:48,0 8	01:16,2	13	
	3 Johan Lien Nordeng	09:02,7 2	00:17,1	30:50,7 5	00:51,1	3	
6	Alta IF lag 1			31:20,7	01:21,1		4
	1 Jardar Olsen	10:23,2 9	00:23,8	10:23,2 9	00:23,8		
	2 Erling Bjørnstad	11:12,5 6	00:55,8	21:35,7 7	01:03,9	2	
	3 Gard Hammond Frost	09:45,0 6	00:59,4	31:20,7 6	01:21,1	1	
7	Tromsø SK Langrenn lag 2			31:44,3	01:44,7		17
	1 Lars-Kristian Astad	10:33,3 12	00:33,9	10:33,3 12	00:33,9		
	2 Vetle Skildheim	10:32,3 4	00:15,6	21:05,6 3	00:33,8	9	
	3 Sindre E. Kosætt	10:38,7 20	01:53,1	31:44,3 7	01:44,7	-4	
8	Nordreisa IL lag 1			32:02,0	02:02,4		10
	1 Adrian Rydnigen	10:19,6 8	00:20,2	10:19,6 8	00:20,2		
	2 Håvard Bjørklund	11:15,7 8	00:59,0	21:35,4 6	01:03,6	2	
	3 Niklas Aanesen	10:26,6 15	01:41,0	32:02,0 8	02:02,4	-2	
9	IF Kilkameratene lag 1			32:02,7	02:03,1		21
	1 Espen Benjaminsen	10:50,9 14	00:51,5	10:50,9 14	00:51,5		
	2 Ask Jørgensen	12:09,0 14	01:52,3	22:59,9 14	02:28,1	0	
	3 Jakob Skillingstad	09:02,8 3	00:17,2	32:02,7 9	02:03,1	5	
10	Tverrelvdalen IL lag 1			32:24,4	02:24,8		11
	1 Tom Vegard Andersen	09:59,4 1	00:00,0	09:59,4 1	00:00,0		
	2 Odd Harald Rasmussen Bakken	12:14,5 19	01:57,8	22:13,9 10	01:42,1	-9	
	3 Kristoffer Opgård Hågensen	10:10,5 11	01:24,9	32:24,4 10	02:24,8	0	
11	Alta IF lag 2			32:29,6	02:30,0		18
	1 Thomas Sandberg Suhr	10:31,7 11	00:32,3	10:31,7 11	00:32,3		
	2 Kornelius Ordemann Olsen	11:31,2 11	01:14,5	22:02,9 9	01:31,1	2	
	3 Arne Kristian Rasmussen Holm	10:26,7 16	01:41,1	32:29,6 11	02:30,0	-2	
12	Mosjøen IL-Ski lag 1			32:48,7	02:49,1		6
	1 Kristoffer Grønvik	09:59,7 2	00:00,3	09:59,7 2	00:00,3		
	2 Eirik Nystuen	12:49,4 23	02:32,7	22:49,1 12	02:17,3	-10	



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G13-16 år 3x3km							
	3 Morten Hjørnerød	09:59,6	10 01:14,0	32:48,7	12 02:49,1	0	
13	Innstrandens IL lag 1			33:00,4	03:00,8		16
	1 David Bertnes Leite	11:28,3	19 01:28,9	11:28,3	19 01:28,9		
	2 Fredrik Willumsen Grindheim	11:17,1	9 01:00,4	22:45,4	11 02:13,6	8	
	3 Andreas Richard Blix	10:15,0	13 01:29,4	33:00,4	13 03:00,8	-2	
14	Åga IL lag 1			33:10,7	03:11,1		13
	1 Bastian Rødfjell Brumoen	10:43,5	13 00:44,1	10:43,5	13 00:44,1		
	2 Oda Øhrbom	12:44,7	22 02:28,0	23:28,2	20 02:56,4	-7	
	3 Håvard Aarthun	09:42,5	5 00:56,9	33:10,7	14 03:11,1	6	
15	Salangen IF Ski lag 1			33:12,3	03:12,7		9
	1 Ivar Hognestad Fredheim	10:23,7	10 00:24,3	10:23,7	10 00:24,3		
	2 Torggrim Sagerup	12:51,9	24 02:35,2	23:15,6	19 02:43,8	-9	
	3 Henning Berg Frantzen	09:56,7	8 01:11,1	33:12,3	15 03:12,7	4	
16	Polarstjernen IL lag 1			33:17,4	03:17,8		12
	1 Magnus Mietinen	10:53,2	16 00:53,8	10:53,2	16 00:53,8		
	2 Brian Wicstrøm Kristoffersen	12:11,6	17 01:54,9	23:04,8	16 02:33,0	0	
	3 Alexander Mietinen	10:12,6	12 01:27,0	33:17,4	16 03:17,8	0	
17	Bardu IL lag 1			33:32,2	03:32,6		5
	1 Sevat Heimdal	10:00,1	3 00:00,7	10:00,1	3 00:00,7		
	2 Simon Rydningen	13:12,5	29 02:55,8	23:12,6	18 02:40,8	-15	
	3 Hågen Heimdal	10:19,6	14 01:34,0	33:32,2	17 03:32,6	1	
18	Mosjøen IL-Ski lag 2			33:32,4	03:32,8		26
	1 Trym Henriksbø Gjerstad	11:27,1	17 01:27,7	11:27,1	17 01:27,7		
	2 Johannes Bredesen Øvereng	11:22,7	10 01:06,0	22:49,8	13 02:18,0	4	
	3 Kristoffer Åkvik	10:42,6	21 01:57,0	33:32,4	18 03:32,8	-5	
19	Steinkjer Skiklubb lag 2			33:37,0	03:37,4		31
	1 Haakon Lillefjell	11:27,7	18 01:28,3	11:27,7	18 01:28,3		
	2 Marius Lillefjell	11:33,9	12 01:17,2	23:01,6	15 02:29,8	3	
	3 Sigur Lillefjell	10:35,4	18 01:49,8	33:37,0	19 03:37,4	-4	
20	Nordreisa IL lag 2			34:15,3	04:15,7		30
	1 Henry Skjønsfjell	11:33,5	23 01:34,1	11:33,5	23 01:34,1		
	2 Rolf-Martin Johansen	12:13,9	18 01:57,2	23:47,4	21 03:15,6	2	
	3 Peter Nystu	10:27,9	17 01:42,3	34:15,3	20 04:15,7	1	
21	Tverlandet IL lag 1			34:31,2	04:31,6		24
	1 Jakob Andreas Svaleng Jakobsen	11:36,7	24 01:37,3	11:36,7	24 01:37,3		
	2 Vegard Veisetaune	12:18,9	21 02:02,2	23:55,6	23 03:23,8	1	
	3 Petter Elias Svaleng Jakobsen	10:35,6	19 01:50,0	34:31,2	21 04:31,6	2	
22	Alta IF lag 3			34:46,9	04:47,3		33
	1 Martin Andersen Hansen	12:02,9	29 02:03,5	12:02,9	29 02:03,5		
	2 Johannes Johansen-Rolland	11:53,6	13 01:36,9	23:56,5	24 03:24,7	5	
	3 Simen Finjord	10:50,4	22 02:04,8	34:46,9	22 04:47,3	2	
23	Mosjøen IL-Ski lag 3			34:50,3	04:50,7		32
	1 William Endresen	11:38,8	25 01:39,4	11:38,8	25 01:39,4		
	2 Erlend Nervik	12:11,2	15 01:54,5	23:50,0	22 03:18,2	3	
	3 Martin Solhaug Hansen	11:00,3	24 02:14,7	34:50,3	23 04:50,7	-1	
24	Medkila Skilag lag 2			34:52,3	04:52,7		27
	1 Aleksander Strand Tøllefsen	10:52,8	15 00:53,4	10:52,8	15 00:53,4		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G13-16 år 3x3km							
	2 Sigurd Hansen	12:18,3	20	02:01,6	23:11,1	17	02:39,3 -2
	3 Gjermund Osdal	11:41,2	28	02:55,6	34:52,3	24	04:52,7 -7
25	Kvaløysletta skilag lag 1			35:34,1	05:34,5		14
	1 Adrian Walderhaug	11:39,8	26	01:40,4	11:39,8	26	01:40,4
	2 Elias Brennvik	12:57,5	27	02:40,8	24:37,3	27	04:05,5 -1
	3 Ulrik Johan Fagerhaug	10:56,8	23	02:11,2	35:34,1	25	05:34,5 2
26	Nordreisa IL lag 3			35:34,9	05:35,3		34
	1 Elias Høgbakk	11:53,6	28	01:54,2	11:53,6	28	01:54,2
	2 Hermod Bangstad	12:11,2	15	01:54,5	24:04,8	25	03:33,0 3
	3 Anders Bergland	11:30,1	25	02:44,5	35:34,9	26	05:35,3 -1
27	Bossmo og Ytteren IL lag 2			35:53,6	05:54,0		28
	1 Eirik Irgum	11:28,4	20	01:29,0	11:28,4	20	01:29,0
	2 Eirik Fjelldal Hagen	12:53,1	25	02:36,4	24:21,5	26	03:49,7 -6
	3 Johan Snøfjellå	11:32,1	26	02:46,5	35:53,6	27	05:54,0 -1
28	Alta IF lag 4			36:46,6	06:47,0		35
	1 Kristian Holsbø	12:03,8	30	02:04,4	12:03,8	30	02:04,4
	2 Marius Mikkelsen	13:09,7	28	02:53,0	25:13,5	30	04:41,7 0
	3 Henrik Lahdenper Bekkvik	11:33,1	27	02:47,5	36:46,6	28	06:47,0 2
29	Bardufoss og Omegn IF lag 1			38:00,0	08:00,4		7
	1 Julian Andre Lorentsen	12:16,2	31	02:16,8	12:16,2	31	02:16,8
	2 Stine Storaas	12:54,7	26	02:38,0	25:10,9	29	04:39,1 2
	3 Theo Arctander Overvik	12:49,1	31	04:03,5	38:00,0	29	08:00,4 0
30	Bardu IL lag 2			38:51,0	08:51,4		29
	1 Tormod Strøm	11:32,4	22	01:33,0	11:32,4	22	01:33,0
	2 Anna Jacobsen-Gaski	13:33,3	30	03:16,6	25:05,7	28	04:33,9 -6
	3 Simen Vars-Larsstuen	13:45,3	33	04:59,7	38:51,0	30	08:51,4 -2
31	Halsøy IL Ski lag 1			39:45,2	09:45,6		20
	1 Emil Aleksander Isaksen	11:41,4	27	01:42,0	11:41,4	27	01:42,0
	2 Kristian Volden	14:23,6	31	04:06,9	26:05,0	31	05:33,2 -4
	3 Heine Birk Pedersen	13:40,2	32	04:54,6	39:45,2	31	09:45,6 0
32	KS Ski Lofoten lag 1			40:16,3	10:16,7		15
	1 Eivind Fredriksen	12:39,0	32	02:39,6	12:39,0	32	02:39,6
	2 Karoline Tønseth	15:45,3	32	05:28,6	28:24,3	32	07:52,5 0
	3 Håkon Tønseth	11:52,0	29	03:06,4	40:16,3	32	10:16,7 0
33	Hattfjelldal IL lag 1			44:00,0	14:00,4		25
	1 Magnus Hanem	15:13,1	33	05:13,7	15:13,1	33	05:13,7
	2 Lars Andreas Sirijord	16:46,8	33	06:30,1	32:00,0	33	11:28,2 0
	3 Sigurd Mjølkarlid	12:00,0	30	03:14,4	44:00,0	33	14:00,4 0
DNS	Melbo IL lag 1						8
	1 Andreas Markussen						
	2 Tobias Hansen						
	3 Sebastian Hansen						
DNS	Sortland og omegn SK lag 1						19
	1 Adrian Gundersen Pareli						
	2 Emil Gjertsen						
	3 Henriette Madelen Johansen						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 13-16 år mix 3x3km							
1	Tverrelvdalen/Talvik lag 1			37:29,3			80
	1 Lea Charlotte Bakken	13:29,4 4	00:46,2	13:29,4 4	00:46,2		
	2 Synnøve Padøy Opgård	12:31,7 1	00:00,0	26:01,1 1	00:00,0 3		
	3 Marianne Bredal-Hansen	11:28,2 1	00:00,0	37:29,3 1	00:00,0 0		
2	Halsøy/Sømna/Leirfjord lag 1			38:56,0	01:26,7		78
	1 Ida Breivik Amundsen	12:58,6 2	00:15,4	12:58,6 2	00:15,4		
	2 Martine Evensen	13:51,7 3	01:20,0	26:50,3 3	00:49,2 -1		
	3 Hanna Bjørnli	12:05,7 2	00:37,5	38:56,0 2	01:26,7 1		
3	Kvaløysletta skilag/Røyken UIL lag 1			40:43,8	03:14,5		75
	1 Astri Reithe Lunde	13:15,2 3	00:32,0	13:15,2 3	00:32,0		
	2 Pernille Øvergård Holm	13:34,8 2	01:03,1	26:50,0 2	00:48,9 1		
	3 Hedda Andersen	13:53,8 3	02:25,6	40:43,8 3	03:14,5 -1		
4	Alta/Senja lag 1			41:32,4	04:03,1		74
	1 Ingrid Helsvik Nilsen	12:43,2 1	00:00,0	12:43,2 1	00:00,0		
	2 Ida Finjord	14:47,1 4	02:15,4	27:30,3 4	01:29,2 -3		
	3 Andrine Hillestad	14:02,1 4	02:33,9	41:32,4 4	04:03,1 0		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
1	Bardufoss og Omegn IF lag 1			35:44,7			52
	1 Marlene Undheim	11:50,3 5	00:33,8	11:50,3 5	00:33,8		
	2 Tuva Mathea Gulbrandsen	12:59,4 3	00:57,7	24:49,7 2	00:13,8 3		
	3 Juni Magdele Overvik	10:55,0 1	00:00,0	35:44,7 1	00:00,0 1		
2	Fauske IL Ski lag 1			36:29,7	00:45,0		66
	1 Pernille Oline Pedersen Amundsen	12:34,2 8	01:17,7	12:34,2 8	01:17,7		
	2 Marie Risvoll Amundsen	12:01,7 1	00:00,0	24:35,9 1	00:00,0 7		
	3 Marte Alstad-Larsen	11:53,8 5	00:58,8	36:29,7 2	00:45,0 -1		
3	Kvaløysletta skilag lag 1			37:06,9	01:22,2		53
	1 Live Føyen	13:22,7 15	02:06,2	13:22,7 15	02:06,2		
	2 Dina Andersen	12:36,5 2	00:34,8	25:59,2 7	01:23,3 8		
	3 Ingeborg Andberg Stenersen	11:07,7 3	00:12,7	37:06,9 3	01:22,2 4		
4	Medkila Skilag lag 1			37:17,7	01:33,0		51
	1 Nora Mikkelsen	12:11,0 6	00:54,5	12:11,0 6	00:54,5		
	2 Bertine Strand Tøllefsen	14:06,2 9	02:04,5	26:17,2 9	01:41,3 -3		
	3 Ingeborg Hansen	11:00,5 2	00:05,5	37:17,7 4	01:33,0 5		
5	Alta IF lag 1			37:29,3	01:44,6		54
	1 Kirsten Helsvig Nilsen	11:28,6 2	00:12,1	11:28,6 2	00:12,1		
	2 Erle Frost	13:29,6 4	01:27,9	24:58,2 3	00:22,3 -1		
	3 Vårin Olsen	12:31,1 9	01:36,1	37:29,3 5	01:44,6 -2		
6	Bossmo og Ytteren IL lag 1			37:41,6	01:56,9		64
	1 Maria Bolin Krane	12:11,7 7	00:55,2	12:11,7 7	00:55,2		
	2 Oda Leråmo	13:37,4 8	01:35,7	25:49,1 6	01:13,2 1		
	3 Hanne Kråkstad Johansen	11:52,5 4	00:57,5	37:41,6 6	01:56,9 0		
7	Tromsø SK Langrenn lag 1			38:13,8	02:29,1		55
	1 Tone Lise Pedersen	11:16,5 1	00:00,0	11:16,5 1	00:00,0		
	2 Silje Vatne	14:06,6 10	02:04,9	25:23,1 4	00:47,2 -3		
	3 Alida Hildonen	12:50,7 13	01:55,7	38:13,8 7	02:29,1 -3		
8	Bardufoss og Omegn IF lag 2			38:38,5	02:53,8		69
	1 Erle Nymo Melseth	12:35,8 9	01:19,3	12:35,8 9	01:19,3		
	2 Martine Undheim	13:36,5 7	01:34,8	26:12,3 8	01:36,4 1		
	3 Friderike Von Selchow Bie	12:26,2 8	01:31,2	38:38,5 8	02:53,8 0		
9	Innstrandens IL lag 1			38:49,7	03:05,0		60
	1 Jensine Vangberg Jensen	12:54,2 12	01:37,7	12:54,2 12	01:37,7		
	2 Frida Elisabeth Haugland	13:36,0 5	01:34,3	26:30,2 10	01:54,3 2		
	3 Lena Martine Elveos Kjeldsrup	12:19,5 7	01:24,5	38:49,7 9	03:05,0 1		
10	Nordreisa IL lag 1			39:11,7	03:27,0		56
	1 Perle Nystu	11:40,5 3	00:24,0	11:40,5 3	00:24,0		
	2 Karoline Wara	14:07,5 11	02:05,8	25:48,0 5	01:12,1 -2		
	3 Carmen Aamo	13:23,7 15	02:28,7	39:11,7 10	03:27,0 -5		
11	Ballangen Ski lag 1			39:12,3	03:27,6		67
	1 Eline Henny Hansen	11:46,1 4	00:29,6	11:46,1 4	00:29,6		
	2 Charlene Ødegard Bakke	14:48,6 16	02:46,9	26:34,7 11	01:58,8 -7		
	3 Sigrid Kvandal Solberg	12:37,6 10	01:42,6	39:12,3 11	03:27,6 0		
12	Innstrandens IL lag 2			39:32,3	03:47,6		71
	1 Maria Hopen Kristiansen	13:14,5 13	01:58,0	13:14,5 13	01:58,0		
	2 Nora Kristine Finstad Selnes	14:09,1 13	02:07,4	27:23,6 14	02:47,7 -1		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J13-16 år 3x3km							
	3 Lisa Otterlei Sande	12:08,7 6	01:13,7	39:32,3 12	03:47,6	2	
13	Tverlandet IL lag 1			39:43,5	03:58,8		63
	1 Emilie Strøm	13:20,0 14	02:03,5	13:20,0 14	02:03,5		
	2 Mariell Stavnes Hansen	13:36,1 6	01:34,4	26:56,1 13	02:20,2	1	
	3 Matilde Strøm	12:47,4 12	01:52,4	39:43,5 13	03:58,8	0	
14	Vinger IL lag 1			39:44,0	03:59,3		68
	1 Ingrid Bentsen	12:43,8 10	01:27,3	12:43,8 10	01:27,3		
	2 Mia Aurora Alm	14:08,0 12	02:06,3	26:51,8 12	02:15,9	-2	
	3 Eline Bentsen	12:52,2 14	01:57,2	39:44,0 14	03:59,3	-2	
15	Tromsø SK Langrenn lag 2			41:31,2	05:46,5		70
	1 Ine Skille	13:29,8 19	02:13,3	13:29,8 19	02:13,3		
	2 Elise Hjelset Andersen	14:16,8 14	02:15,1	27:46,6 15	03:10,7	4	
	3 Karoline Olsen	13:44,6 18	02:49,6	41:31,2 15	05:46,5	0	
16	Båtsfjord SK lag 1			41:47,2	06:02,5		57
	1 Nora Jacobsen Haugsnes	12:48,7 11	01:32,2	12:48,7 11	01:32,2		
	2 Ida Loe Eriksen	15:17,2 19	03:15,5	28:05,9 16	03:30,0	-5	
	3 Anna Ingrid Rasmussen	13:41,3 17	02:46,3	41:47,2 16	06:02,5	0	
17	KS Ski Lofoten lag 1			42:18,6	06:33,9		62
	1 Julie Bokalrud Fredly	13:25,9 17	02:09,4	13:25,9 17	02:09,4		
	2 Ella Ellingsen Mortensen	15:14,0 18	03:12,3	28:39,9 18	04:04,0	-1	
	3 Emma Emilie Nordgård	13:38,7 16	02:43,7	42:18,6 17	06:33,9	1	
18	Hammerfest SK lag 1			42:42,5	06:57,8		59
	1 Ingrid Darell	13:34,9 20	02:18,4	13:34,9 20	02:18,4		
	2 Nora Darell	16:22,8 21	04:21,1	29:57,7 21	05:21,8	-1	
	3 Anette Jørgensen	12:44,8 11	01:49,8	42:42,5 18	06:57,8	3	
19	Mosjøen IL-Ski lag 1			43:03,4	07:18,7		65
	1 Sofie Hagfors Haustreis	13:26,1 18	02:09,6	13:26,1 18	02:09,6		
	2 Lotte H. Kolsvik	15:44,6 20	03:42,9	29:10,7 19	04:34,8	-1	
	3 Helene Grønvik	13:52,7 19	02:57,7	43:03,4 19	07:18,7	0	
20	IL SISO lag 1			43:19,3	07:34,6		61
	1 Pernille Grovassbakk	13:24,6 16	02:08,1	13:24,6 16	02:08,1		
	2 Ingvild Willumstad Valvik	15:04,6 17	03:02,9	28:29,2 17	03:53,3	-1	
	3 Nora Kjær Olsen	14:50,1 20	03:55,1	43:19,3 20	07:34,6	-3	
21	Manndalen Ungdoms og IL lag 1			44:16,0	08:31,3		58
	1 Tilde Ella Birgitta Hansen Tuoremaa	14:32,6 21	03:16,1	14:32,6 21	03:16,1		
	2 Hilma Maria Hansen Tuoremaa	14:45,2 15	02:43,5	29:17,8 20	04:41,9	1	
	3 Mathea Solberg	14:58,2 21	04:03,2	44:16,0 21	08:31,3	-1	



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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
K junior 2x3x1,3km							
1	Bardufoss og Omegn IF lag 1			19:00,2			140
	1 Silje Storå	03:00,5 1	00:00,0	03:00,5 1	00:00,0		
	2 Ingrid A Gulbrandsen	03:01,5 1	00:00,0	06:02,0 1	00:00,0 0		
	3 Silje Storå	03:22,0 2	00:01,2	09:24,0 1	00:00,0 0		
	4 Ingrid A Gulbrandsen	03:03,9 1	00:00,0	12:27,9 1	00:00,0 0		
	5 Silje Storå	03:22,3 1	00:00,0	15:50,2 1	00:00,0 0		
	6 Ingrid A Gulbrandsen	03:10,0 1	00:00,0	19:00,2 1	00:00,0 0		
2	Bossmo & Ytteren Ski lag 1			19:40,3	00:40,1		158
	1 Andrine Bjørkmo	03:08,1 3	00:07,6	03:08,1 3	00:07,6		
	2 Marte Kråkstad Johansen	03:08,7 2	00:07,2	06:16,8 2	00:14,8 1		
	3 Andrine Bjørkmo	03:23,5 3	00:02,7	09:40,3 3	00:16,3 -1		
	4 Marte Kråkstad Johansen	03:14,7 2	00:10,8	12:55,0 2	00:27,1 1		
	5 Andrine Bjørkmo	03:30,5 4	00:08,2	16:25,5 3	00:35,3 -1		
	6 Marte Kråkstad Johansen	03:14,8 2	00:04,8	19:40,3 2	00:40,1 1		
3	Bardufoss og Omegn IF lag 2			19:44,6	00:44,4		149
	1 Vilje M Gulbrandsen	03:04,9 2	00:04,4	03:04,9 2	00:04,4		
	2 Lisa Amalie Valnes	03:14,5 3	00:13,0	06:19,4 3	00:17,4 -1		
	3 Vilje M Gulbrandsen	03:20,8 1	00:00,0	09:40,2 2	00:16,2 1		
	4 Lisa Amalie Valnes	03:22,1 3	00:18,2	13:02,3 3	00:34,4 -1		
	5 Vilje M Gulbrandsen	03:22,6 2	00:00,3	16:24,9 2	00:34,7 1		
	6 Lisa Amalie Valnes	03:19,7 3	00:09,7	19:44,6 3	00:44,4 -1		
4	Alta IF lag 1			20:47,3	01:47,1		143
	1 Andrine Charlotte Ordemann Ols	03:08,1 3	00:07,6	03:08,1 3	00:07,6		
	2 Magni Klevstad Jakobsen	03:15,9 4	00:14,4	06:24,0 4	00:22,0 -1		
	3 Andrine Charlotte Ordemann Ols	03:37,2 5	00:16,4	10:01,2 4	00:37,2 0		
	4 Magni Klevstad Jakobsen	03:31,5 5	00:27,6	13:32,7 4	01:04,8 0		
	5 Andrine Charlotte Ordemann Ols	03:41,9 5	00:19,6	17:14,6 4	01:24,4 0		
	6 Magni Klevstad Jakobsen	03:32,7 5	00:22,7	20:47,3 4	01:47,1 0		
5	Tromsø Skiklubb Langrenn lag 2			21:58,2	02:58,0		151
	1 Ida M. Fause	03:42,4 9	00:41,9	03:42,4 9	00:41,9		
	2 Sara Pedersen	03:40,6 8	00:39,1	07:23,0 9	01:21,0 0		
	3 Ida M. Fause	03:29,7 4	00:08,9	10:52,7 7	01:28,7 2		
	4 Sara Pedersen	03:49,2 6	00:45,3	14:41,9 8	02:14,0 -1		
	5 Ida M. Fause	03:25,3 3	00:03,0	18:07,2 5	02:17,0 3		
	6 Sara Pedersen	03:51,0 8	00:41,0	21:58,2 5	02:58,0 0		
6	Hammerfest SK lag 1			22:02,5	03:02,3		145
	1 Carina Pettersen	03:39,7 8	00:39,2	03:39,7 8	00:39,2		
	2 Amnanda Adolfsen Darell	03:16,3 5	00:14,8	06:56,0 7	00:54,0 1		
	3 Carina Pettersen	04:06,2 8	00:45,4	11:02,2 8	01:38,2 -1		
	4 Amnanda Adolfsen Darell	03:28,5 4	00:24,6	14:30,7 5	02:02,8 3		
	5 Carina Pettersen	04:00,6 8	00:38,3	18:31,3 8	02:41,1 -3		
	6 Amnanda Adolfsen Darell	03:31,2 4	00:21,2	22:02,5 6	03:02,3 2		
7	Salangen IF Ski lag 1			22:14,7	03:14,5		142
	1 Ariane Daleng	03:18,3 5	00:17,8	03:18,3 5	00:17,8		
	2 Andrine Daleng	03:37,0 7	00:35,5	06:55,3 6	00:53,3 -1		
	3 Ariane Daleng	03:47,9 6	00:27,1	10:43,2 5	01:19,2 1		
	4 Andrine Daleng	03:52,5 8	00:48,6	14:35,7 6	02:07,8 -1		
	5 Ariane Daleng	03:48,8 6	00:26,5	18:24,5 6	02:34,3 0		
	6 Andrine Daleng	03:50,2 7	00:40,2	22:14,7 7	03:14,5 -1		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
K junior 2x3x1,3km							
8	Fjell Skilag lag 1			22:17,3	03:17,1		148
	1 Marte Agersborg Skånhaug	03:24,3 7	00:23,8	03:24,3 7	00:23,8		
	2 Trine Agersborg Skånhaug	03:27,9 6	00:26,4	06:52,2 5	00:50,2 2		
	3 Marte Agersborg Skånhaug	03:58,9 7	00:38,1	10:51,1 6	01:27,1 -1		
	4 Trine Agersborg Skånhaug	03:49,5 7	00:45,6	14:40,6 7	02:12,7 -1		
	5 Marte Agersborg Skånhaug	03:49,6 7	00:27,3	18:30,2 7	02:40,0 0		
	6 Trine Agersborg Skånhaug	03:47,1 6	00:37,1	22:17,3 8	03:17,1 -1		
9	Fjell Skilag lag 2			23:48,2	04:48,0		150
	1 Oda johanne Andreassen	03:23,2 6	00:22,7	03:23,2 6	00:22,7		
	2 Anna sofie Andreassen	03:47,4 9	00:45,9	07:10,6 8	01:08,6 -2		
	3 Oda johanne Andreassen	04:09,3 9	00:48,5	11:19,9 9	01:55,9 -1		
	4 Anna sofie Andreassen	04:02,1 9	00:58,2	15:22,0 9	02:54,1 0		
	5 Oda johanne Andreassen	04:10,3 9	00:48,0	19:32,3 9	03:42,1 0		
	6 Anna sofie Andreassen	04:15,9 9	01:05,9	23:48,2 9	04:48,0 0		
DNS	Nordreisa IL lag 1						147
	1 Anna Lovise Høgbakk						
	2 Pia Nystu						
	3 Anna Lovise Høgbakk						
	4 Pia Nystu						
	5 Anna Lovise Høgbakk						
	6 Pia Nystu						



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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
K junior mix 2x3x1,3km							
1	Medkila / Senja Ski lag 1			20:57,3			157
	1 Herborg Skjelle	03:11,7 2	00:11,7	03:11,7 2	00:11,7		
	2 Ragnhild Steilbu	03:27,6 2	00:04,3	06:39,3 2	00:16,0 0		
	3 Herborg Skjelle	03:27,4 1	00:00,0	10:06,7 2	00:05,1 0		
	4 Ragnhild Steilbu	03:44,1 1	00:00,0	13:50,8 2	00:00,7 0		
	5 Herborg Skjelle	03:21,1 1	00:00,0	17:11,9 1	00:00,0 1		
	6 Ragnhild Steilbu	03:45,4 1	00:00,0	20:57,3 1	00:00,0 0		
2	Sortland og omegn/Stokmarknes lag 1			21:18,4	00:21,1		156
	1 Ingrid Sørensen	03:00,0 1	00:00,0	03:00,0 1	00:00,0		
	2 Andrine Erika Elvenes	03:23,3 1	00:00,0	06:23,3 1	00:00,0 0		
	3 Ingrid Sørensen	03:38,3 2	00:10,9	10:01,6 1	00:00,0 0		
	4 Andrine Erika Elvenes	03:48,5 2	00:04,4	13:50,1 1	00:00,0 0		
	5 Ingrid Sørensen	03:36,3 2	00:15,2	17:26,4 2	00:14,5 -1		
	6 Andrine Erika Elvenes	03:52,0 2	00:06,6	21:18,4 2	00:21,1 0		
3	Halsøy/Kjærstad lag 1			24:38,4	03:41,1		155
	1 Marte Liengen Sørslett	03:33,1 3	00:33,1	03:33,1 3	00:33,1		
	2 Ida Christine Kjensli Eriksen	04:12,1 3	00:48,8	07:45,2 3	01:21,9 0		
	3 Marte Liengen Sørslett	03:55,6 3	00:28,2	11:40,8 3	01:39,2 0		
	4 Ida Christine Kjensli Eriksen	04:29,5 3	00:45,4	16:10,3 3	02:20,2 0		
	5 Marte Liengen Sørslett	03:59,4 3	00:38,3	20:09,7 3	02:57,8 0		
	6 Ida Christine Kjensli Eriksen	04:28,7 3	00:43,3	24:38,4 3	03:41,1 0		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
K senior 2x3x1,3km							
1	Kvaløysletta skilag lag 1			18:06,6			160
	1 Merete Myrseth	02:48,6 2	00:00,6	02:48,6 2	00:00,6		
	2 Silje Theodorsen	03:06,5 4	00:10,5	05:55,1 2	00:00,1 0		
	3 Merete Myrseth	03:06,6 2	00:00,6	09:01,7 2	00:00,7 0		
	4 Silje Theodorsen	02:55,2 1	00:00,0	11:56,9 1	00:00,0 1		
	5 Merete Myrseth	03:03,1 1	00:00,0	15:00,0 1	00:00,0 0		
	6 Silje Theodorsen	03:06,6 2	00:00,6	18:06,6 1	00:00,0 0		
2	Tromsø SK Langrenn lag 1			18:26,0	00:19,4		164
	1 Anna Svendsen	02:48,0 1	00:00,0	02:48,0 1	00:00,0		
	2 Ingvild Ofstad	03:07,0 5	00:11,0	05:55,0 1	00:00,0 0		
	3 Anna Svendsen	03:06,0 1	00:00,0	09:01,0 1	00:00,0 0		
	4 Ingvild Ofstad	03:10,0 3	00:14,8	12:11,0 2	00:14,1 -1		
	5 Anna Svendsen	03:05,0 2	00:01,9	15:16,0 2	00:16,0 0		
	6 Ingvild Ofstad	03:10,0 4	00:04,0	18:26,0 2	00:19,4 0		
3	Kvaløysletta skilag lag 2			18:53,3	00:46,7		166
	1 Hanne Kristine Kroken	02:59,6 4	00:11,6	02:59,6 4	00:11,6		
	2 Anette Kjellbergvik	03:04,1 3	00:08,1	06:03,7 5	00:08,7 -1		
	3 Hanne Kristine Kroken	03:14,1 3	00:08,1	09:17,8 4	00:16,8 1		
	4 Anette Kjellbergvik	03:11,8 4	00:16,6	12:29,6 5	00:32,7 -1		
	5 Hanne Kristine Kroken	03:16,6 3	00:13,5	15:46,2 3	00:46,2 2		
	6 Anette Kjellbergvik	03:07,1 3	00:01,1	18:53,3 3	00:46,7 0		
4	Alta IF lag 1			18:54,0	00:47,4		165
	1 Emilie Kristoffersen	03:05,0 5	00:17,0	03:05,0 5	00:17,0		
	2 Johanne Holsbø	02:56,0 1	00:00,0	06:01,0 4	00:06,0 1		
	3 Emilie Kristoffersen	03:22,1 5	00:16,1	09:23,1 5	00:22,1 -1		
	4 Johanne Holsbø	03:04,8 2	00:09,6	12:28,0 4	00:31,1 1		
	5 Emilie Kristoffersen	03:20,0 4	00:16,9	15:48,0 4	00:48,0 0		
	6 Johanne Holsbø	03:06,0 1	00:00,0	18:54,0 4	00:47,4 0		
5	Skonseng UL lag 1			19:07,7	01:01,1		162
	1 Benedicte Stien Schreiner	02:52,3 3	00:04,3	02:52,3 3	00:04,3		
	2 Emilie Ågheim Kalkenber	03:03,8 2	00:07,8	05:56,1 3	00:01,1 0		
	3 Benedicte Stien Schreiner	03:17,4 4	00:11,4	09:13,5 3	00:12,5 0		
	4 Emilie Ågheim Kalkenber	03:14,2 5	00:19,0	12:27,7 3	00:30,8 0		
	5 Benedicte Stien Schreiner	03:21,7 5	00:18,6	15:49,4 5	00:49,4 -2		
	6 Emilie Ågheim Kalkenber	03:18,3 5	00:12,3	19:07,7 5	01:01,1 0		
DNS	Melbo IL lag 1						163
	1 Marthe Karlsen						
	2 Julie Karlsen						
	3 Marthe Karlsen						
	4 Julie Karlsen						
	5 Marthe Karlsen						
	6 Julie Karlsen						
DNS	Bardu IL lag 1						161
	1 Johanne Heimdal						
	2 Line Heimdal						
	3 Johanne Heimdal						
	4 Line Heimdal						
	5 Johanne Heimdal						
	6 Line Heimdal						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
K Senior mix 2x3x1,3km							
1	Innstr/Leirfjord lag 1			21:27,9			168
	1 Jenny Vangberg Jensen	03:05,4 1	00:00,0	03:05,4 1	00:00,0		
	2 Amalie Kvandal	03:37,8 1	00:00,0	06:43,2 1	00:00,0 0		
	3 Jenny Vangberg Jensen	03:37,1 1	00:00,0	10:20,3 1	00:00,0 0		
	4 Amalie Kvandal	03:46,5 1	00:00,0	14:06,8 1	00:00,0 0		
	5 Jenny Vangberg Jensen	03:34,4 1	00:00,0	17:41,2 1	00:00,0 0		
	6 Amalie Kvandal	03:46,7 1	00:00,0	21:27,9 1	00:00,0 0		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
M junior 2x3x1,5km							
1	Halsøy IL Ski lag 1			20:03,1			104
	1 Jesper Abelsen Andreasen	03:05,4 1	00:00,0	03:05,4 1	00:00,0		
	2 Ole Jacob Forsmo	03:20,6 3	00:03,5	06:26,0 1	00:00,0 0		
	3 Jesper Abelsen Andreasen	03:26,4 2	00:00,5	09:52,4 1	00:00,0 0		
	4 Ole Jacob Forsmo	03:24,5 4	00:05,6	13:16,9 1	00:00,0 0		
	5 Jesper Abelsen Andreasen	03:20,8 1	00:00,0	16:37,7 1	00:00,0 0		
	6 Ole Jacob Forsmo	03:25,4 5	00:08,2	20:03,1 1	00:00,0 0		
2	Frol IL lag 1			20:18,8	00:15,7		112
	1 Marius Ressem	03:14,4 6	00:09,0	03:14,4 6	00:09,0		
	2 Oddmund Haugnes	03:20,8 4	00:03,7	06:35,2 3	00:09,2 3		
	3 Marius Ressem	03:27,7 3	00:01,8	10:02,9 3	00:10,5 0		
	4 Oddmund Haugnes	03:18,9 1	00:00,0	13:21,8 2	00:04,9 1		
	5 Marius Ressem	03:24,7 2	00:03,9	16:46,5 2	00:08,8 0		
	6 Oddmund Haugnes	03:32,3 9	00:15,1	20:18,8 2	00:15,7 0		
3	Kvaløysletta skilag lag 1			20:25,3	00:22,2		105
	1 Krister Klausen	03:12,4 3	00:07,0	03:12,4 3	00:07,0		
	2 Sigurd Brones Engen	03:23,4 6	00:06,3	06:35,8 4	00:09,8 -1		
	3 Krister Klausen	03:25,9 1	00:00,0	10:01,7 2	00:09,3 2		
	4 Sigurd Brones Engen	03:26,6 6	00:07,7	13:28,3 4	00:11,4 -2		
	5 Krister Klausen	03:34,9 6	00:14,1	17:03,2 4	00:25,5 0		
	6 Sigurd Brones Engen	03:22,1 3	00:04,9	20:25,3 3	00:22,2 1		
4	Alta IF lag 1			20:25,5	00:22,4		107
	1 Johannes Helsvig Nilsen	03:16,2 7	00:10,8	03:16,2 7	00:10,8		
	2 Mathias Andersen Hansen	03:21,5 5	00:04,4	06:37,7 6	00:11,7 1		
	3 Johannes Helsvig Nilsen	03:29,5 4	00:03,6	10:07,2 5	00:14,8 1		
	4 Mathias Andersen Hansen	03:20,4 2	00:01,5	13:27,6 3	00:10,7 2		
	5 Johannes Helsvig Nilsen	03:35,1 8	00:14,3	17:02,7 3	00:25,0 0		
	6 Mathias Andersen Hansen	03:22,8 4	00:05,6	20:25,5 4	00:22,4 -1		
5	Tromsø SK Langrenn lag 1			20:25,7	00:22,6		101
	1 Trygve Andre Ryvoll	03:13,3 4	00:07,9	03:13,3 4	00:07,9		
	2 Erlend Hauan	03:23,8 7	00:06,7	06:37,1 5	00:11,1 -1		
	3 Trygve Andre Ryvoll	03:29,9 5	00:04,0	10:07,0 4	00:14,6 1		
	4 Erlend Hauan	03:26,5 5	00:07,6	13:33,5 5	00:16,6 -1		
	5 Trygve Andre Ryvoll	03:35,0 7	00:14,2	17:08,5 5	00:30,8 0		
	6 Erlend Hauan	03:17,2 1	00:00,0	20:25,7 5	00:22,6 0		
6	Alta IF lag 2			20:40,0	00:36,9		114
	1 Brage Bjørnstad	03:19,5 8	00:14,1	03:19,5 8	00:14,1		
	2 Nikolai Andreas Wilhelmsen	03:23,9 8	00:06,8	06:43,4 9	00:17,4 -1		
	3 Brage Bjørnstad	03:36,4 10	00:10,5	10:19,8 8	00:27,4 1		
	4 Nikolai Andreas Wilhelmsen	03:27,0 7	00:08,1	13:46,8 7	00:29,9 1		
	5 Brage Bjørnstad	03:31,9 4	00:11,1	17:18,7 7	00:41,0 0		
	6 Nikolai Andreas Wilhelmsen	03:21,3 2	00:04,1	20:40,0 6	00:36,9 1		
7	Innstrandens IL lag 1			20:41,6	00:38,5		102
	1 Henrik Lekang Nyvold	03:08,4 2	00:03,0	03:08,4 2	00:03,0		
	2 Nikolai Solem Eiterjord	03:26,4 11	00:09,3	06:34,8 2	00:08,8 0		
	3 Henrik Lekang Nyvold	03:33,1 6	00:07,2	10:07,9 6	00:15,5 -4		
	4 Nikolai Solem Eiterjord	03:29,4 9	00:10,5	13:37,3 6	00:20,4 0		
	5 Henrik Lekang Nyvold	03:36,1 10	00:15,3	17:13,4 6	00:35,7 0		
	6 Nikolai Solem Eiterjord	03:28,2 7	00:11,0	20:41,6 7	00:38,5 -1		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
8	Bardufoss og Omegn IF lag 2			20:51,6	00:48,5		103
	1 Tobias Nikolai Overvik	03:21,2 10	00:15,8	03:21,2 10	00:15,8		
	2 William Nymo Melseth	03:20,5 2	00:03,4	06:41,7 7	00:15,7 3		
	3 Tobias Nikolai Overvik	03:41,2 12	00:15,3	10:22,9 10	00:30,5 -3		
	4 William Nymo Melseth	03:24,0 3	00:05,1	13:46,9 8	00:30,0 2		
	5 Tobias Nikolai Overvik	03:36,7 11	00:15,9	17:23,6 9	00:45,9 -1		
	6 William Nymo Melseth	03:28,0 6	00:10,8	20:51,6 8	00:48,5 1		
9	Senja Ski lag 1			20:52,0	00:48,9		108
	1 Erik Nicolaisen	03:25,7 13	00:20,3	03:25,7 13	00:20,3		
	2 Anders Rege	03:17,1 1	00:00,0	06:42,8 8	00:16,8 5		
	3 Erik Nicolaisen	03:35,9 9	00:10,0	10:18,7 7	00:26,3 1		
	4 Anders Rege	03:28,8 8	00:09,9	13:47,5 9	00:30,6 -2		
	5 Erik Nicolaisen	03:36,0 9	00:15,2	17:23,5 8	00:45,8 1		
	6 Anders Rege	03:28,5 8	00:11,3	20:52,0 9	00:48,9 -1		
10	Nordreisa IL lag 1			21:01,4	00:58,3		110
	1 Preben Nystu	03:21,6 12	00:16,2	03:21,6 12	00:16,2		
	2 Mathias Båtnes Rasmussen	03:26,1 9	00:09,0	06:47,7 10	00:21,7 2		
	3 Preben Nystu	03:33,6 7	00:07,7	10:21,3 9	00:28,9 1		
	4 Mathias Båtnes Rasmussen	03:33,4 11	00:14,5	13:54,7 10	00:37,8 -1		
	5 Preben Nystu	03:31,2 3	00:10,4	17:25,9 10	00:48,2 0		
	6 Mathias Båtnes Rasmussen	03:35,5 10	00:18,3	21:01,4 10	00:58,3 0		
11	Innstrandens IL lag 2			21:16,7	01:13,6		117
	1 Oskar Bakke	03:20,1 9	00:14,7	03:20,1 9	00:14,7		
	2 Johan Mannvik Holm	03:29,8 12	00:12,7	06:49,9 11	00:23,9 -2		
	3 Oskar Bakke	03:34,2 8	00:08,3	10:24,1 11	00:31,7 0		
	4 Johan Mannvik Holm	03:34,8 12	00:15,9	13:58,9 11	00:42,0 0		
	5 Oskar Bakke	03:33,9 5	00:13,1	17:32,8 11	00:55,1 0		
	6 Johan Mannvik Holm	03:43,9 13	00:26,7	21:16,7 11	01:13,6 0		
12	Tromsø SK Langrenn lag 2			21:31,0	01:27,9		115
	1 Trym Pettersen	03:21,2 10	00:15,8	03:21,2 10	00:15,8		
	2 Carl-Fredrik Astad	03:31,5 13	00:14,4	06:52,7 13	00:26,7 -3		
	3 Trym Pettersen	03:37,0 11	00:11,1	10:29,7 12	00:37,3 1		
	4 Carl-Fredrik Astad	03:42,4 14	00:23,5	14:12,1 12	00:55,2 0		
	5 Trym Pettersen	03:41,0 12	00:20,2	17:53,1 12	01:15,4 0		
	6 Carl-Fredrik Astad	03:37,9 12	00:20,7	21:31,0 12	01:27,9 0		
13	Medkila Skilag lag 1			22:12,2	02:09,1		109
	1 John-Henrik Winther Torbergsen	03:14,1 5	00:08,7	03:14,1 5	00:08,7		
	2 Kristian Løftingsmo	03:38,2 14	00:21,1	06:52,3 12	00:26,3 -7		
	3 John-Henrik Winther Torbergsen	03:46,8 13	00:20,9	10:39,1 13	00:46,7 -1		
	4 Kristian Løftingsmo	03:48,8 15	00:29,9	14:27,9 13	01:11,0 0		
	5 John-Henrik Winther Torbergsen	03:49,4 13	00:28,6	18:17,3 13	01:39,6 0		
	6 Kristian Løftingsmo	03:54,9 15	00:37,7	22:12,2 13	02:09,1 0		
14	Valnesfjord IL lag 1			22:18,6	02:15,5		106
	1 Kristoffer Hagenes	03:31,6 14	00:26,2	03:31,6 14	00:26,2		
	2 Adrian Sandnes Lillevold	03:46,4 15	00:29,3	07:18,0 14	00:52,0 0		
	3 Kristoffer Hagenes	03:53,8 14	00:27,9	11:11,8 14	01:19,4 0		
	4 Adrian Sandnes Lillevold	03:31,8 10	00:12,9	14:43,6 14	01:26,7 0		
	5 Kristoffer Hagenes	03:58,9 15	00:38,1	18:42,5 14	02:04,8 0		
	6 Adrian Sandnes Lillevold	03:36,1 11	00:18,9	22:18,6 14	02:15,5 0		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
M junior 2x3x1,5km							
15	Skonseng UL lag 1			23:04,2	03:01,1		111
	1 Martin Fagereng Fjellavli	03:38,4 15	00:33,0	03:38,4 15	00:33,0		
	2 Axel Rundhaug	03:52,9 16	00:35,8	07:31,3 16	01:05,3 -1		
	3 Martin Fagereng Fjellavli	03:53,9 15	00:28,0	11:25,2 15	01:32,8 1		
	4 Axel Rundhaug	03:49,1 16	00:30,2	15:14,3 15	01:57,4 0		
	5 Martin Fagereng Fjellavli	03:50,8 14	00:30,0	19:05,1 15	02:27,4 0		
	6 Axel Rundhaug	03:59,1 16	00:41,9	23:04,2 15	03:01,1 0		
16	Halsøy IL Ski lag 2			24:15,7	04:12,6		119
	1 Håkon Bendik Pedersen	03:53,3 16	00:47,9	03:53,3 16	00:47,9		
	2 Ivar Tverå	03:26,2 10	00:09,1	07:19,5 15	00:53,5 1		
	3 Håkon Bendik Pedersen	04:48,2 16	01:22,3	12:07,7 16	02:15,3 -1		
	4 Ivar Tverå	03:35,6 13	00:16,7	15:43,3 16	02:26,4 0		
	5 Håkon Bendik Pedersen	04:44,2 16	01:23,4	20:27,5 16	03:49,8 0		
	6 Ivar Tverå	03:48,2 14	00:31,0	24:15,7 16	04:12,6 0		
DNS	Senja Ski lag 2						116
	1 Kristian Birkeland						
	2 Daniel Sellevoll						
	3 Kristian Birkeland						
	4 Daniel Sellevoll						
	5 Kristian Birkeland						
	6 Daniel Sellevoll						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
M junior mix 2x3x1,5km							
1	Melbo/Åga lag 1			20:03,4			133
	1 Jacob Sørli Pettersen	03:13,8 1	00:00,0	03:13,8 1	00:00,0		
	2 Sigurd Aarhun	03:21,3 1	00:00,0	06:35,2 1	00:00,0 0		
	3 Jacob Sørli Pettersen	03:27,7 1	00:00,0	10:02,9 1	00:00,0 0		
	4 Sigurd Aarhun	03:18,4 2	00:17,4	13:21,4 1	00:00,0 0		
	5 Jacob Sørli Pettersen	03:25,0 1	00:00,0	16:46,4 1	00:00,0 0		
	6 Sigurd Aarhun	03:17,0 1	00:00,0	20:03,4 1	00:00,0 0		
2	Innstrandens/Splint. lag 1			21:16,7	01:13,2		131
	1 Henrik Blix	03:21,9 2	00:08,0	03:21,9 2	00:08,0		
	2 Tobias Larsen	03:32,8 3	00:11,4	06:54,7 3	00:19,4 -1		
	3 Henrik Blix	03:36,8 3	00:09,0	10:31,5 3	00:28,5 0		
	4 Tobias Larsen	03:27,0 3	00:26,0	13:58,5 3	00:37,0 0		
	5 Henrik Blix	03:34,7 2	00:09,6	17:33,2 3	00:46,7 0		
	6 Tobias Larsen	03:43,5 3	00:26,4	21:16,7 2	01:13,2 1		
3	Tromsø SK/Mellebygd lag 1			21:28,0	01:24,5		134
	1 Håkon Jervidal	03:22,4 3	00:08,5	03:22,4 3	00:08,5		
	2 Håkon Nordmo	03:24,6 2	00:03,2	06:47,0 2	00:11,7 1		
	3 Håkon Jervidal	03:34,0 2	00:06,2	10:21,0 2	00:18,0 0		
	4 Håkon Nordmo	03:01,0 1	00:00,0	13:22,0 2	00:00,5 0		
	5 Håkon Jervidal	04:10,0 4	00:44,9	17:32,0 2	00:45,5 0		
	6 Håkon Nordmo	03:56,0 4	00:38,9	21:28,0 3	01:24,5 -1		
4	Talvik IL/Bossekopp UL lag 1			22:32,2	02:28,7		130
	1 John Arne Bredal Hansen	03:41,6 4	00:27,7	03:41,6 4	00:27,7		
	2 Eirik Skoglund Dahler	03:35,6 4	00:14,2	07:17,2 4	00:41,9 0		
	3 John Arne Bredal Hansen	03:58,0 4	00:30,2	11:15,2 4	01:12,2 0		
	4 Eirik Skoglund Dahler	03:34,0 4	00:33,0	14:49,2 4	01:27,7 0		
	5 John Arne Bredal Hansen	04:07,4 3	00:42,3	18:56,6 4	02:10,1 0		
	6 Eirik Skoglund Dahler	03:35,6 2	00:18,5	22:32,2 4	02:28,7 0		
DNS	Fjell Skilag/Bjerkvik lag 1						132
	1 Einar Mikal Andreassen						
	2 Markus Holmer						
	3 Einar Mikal Andreassen						
	4 Markus Holmer						
	5 Einar Mikal Andreassen						
	6 Markus Holmer						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
1	Tromsø Skiklubb Langrenn lag 1			20:04,0			86
	1 Sivert H. Hauan	03:19,1 6	00:02,8	03:19,1 6	00:02,8		
	2 Elias Rene Valøy	03:24,9 1	00:00,0	06:44,0 2	00:00,3 4		
	3 Sivert H. Hauan	03:20,0 4	00:01,1	10:04,0 1	00:00,0 1		
	4 Elias Rene Valøy	03:19,0 2	00:00,4	13:23,0 2	00:00,1 -1		
	5 Sivert H. Hauan	03:19,0 1	00:00,0	16:42,0 1	00:00,0 1		
	6 Elias Rene Valøy	03:22,0 1	00:00,0	20:04,0 1	00:00,0 0		
2	Medkila Skilag lag 1			20:04,7	00:00,7		89
	1 Eirik Mikkelsen	03:17,3 3	00:01,0	03:17,3 3	00:01,0		
	2 Martin Mikkelsen	03:26,4 3	00:01,5	06:43,7 1	00:00,0 2		
	3 Eirik Mikkelsen	03:20,6 5	00:01,7	10:04,3 2	00:00,3 -1		
	4 Martin Mikkelsen	03:18,6 1	00:00,0	13:22,9 1	00:00,0 1		
	5 Eirik Mikkelsen	03:19,6 2	00:00,6	16:42,5 2	00:00,5 -1		
	6 Martin Mikkelsen	03:22,2 2	00:00,2	20:04,7 2	00:00,7 0		
3	Sortland og omegn SK lag 1			20:18,4	00:14,4		87
	1 August Nordeng	03:19,8 7	00:03,5	03:19,8 7	00:03,5		
	2 Mikkel Arntsen	03:26,6 4	00:01,7	06:46,4 6	00:02,7 1		
	3 August Nordeng	03:18,9 1	00:00,0	10:05,3 4	00:01,3 2		
	4 Mikkel Arntsen	03:24,9 3	00:06,3	13:30,2 3	00:07,3 1		
	5 August Nordeng	03:20,2 3	00:01,2	16:50,4 3	00:08,4 0		
	6 Mikkel Arntsen	03:28,0 3	00:06,0	20:18,4 3	00:14,4 0		
4	Mosjøen IL-Ski lag 1			20:36,6	00:32,6		88
	1 Emil Vilhelmsen	03:17,5 4	00:01,2	03:17,5 4	00:01,2		
	2 Aleksander Slydahl	03:27,8 5	00:02,9	06:45,3 4	00:01,6 0		
	3 Emil Vilhelmsen	03:19,3 2	00:00,4	10:04,6 3	00:00,6 1		
	4 Aleksander Slydahl	03:25,8 4	00:07,2	13:30,4 4	00:07,5 -1		
	5 Emil Vilhelmsen	03:31,8 5	00:12,8	17:02,2 4	00:20,2 0		
	6 Aleksander Slydahl	03:34,4 5	00:12,4	20:36,6 4	00:32,6 0		
5	Innstrandens IL lag 1			20:41,1	00:37,1		85
	1 Sander Murbræch	03:18,6 5	00:02,3	03:18,6 5	00:02,3		
	2 Ask Godal	03:26,3 2	00:01,4	06:44,9 3	00:01,2 2		
	3 Sander Murbræch	03:26,4 6	00:07,5	10:11,3 6	00:07,3 -3		
	4 Ask Godal	03:27,3 5	00:08,7	13:38,6 5	00:15,7 1		
	5 Sander Murbræch	03:34,0 6	00:15,0	17:12,6 6	00:30,6 -1		
	6 Ask Godal	03:28,5 4	00:06,5	20:41,1 5	00:37,1 1		
6	Alta IF lag 1			20:58,2	00:54,2		90
	1 Thor Eirik Skaret Monsen	03:16,9 2	00:00,6	03:16,9 2	00:00,6		
	2 Ole Martin Myre Nesvold	03:29,6 6	00:04,7	06:46,5 7	00:02,8 -5		
	3 Thor Eirik Skaret Monsen	03:19,5 3	00:00,6	10:06,0 5	00:02,0 2		
	4 Ole Martin Myre Nesvold	03:36,7 7	00:18,1	13:42,7 6	00:19,8 -1		
	5 Thor Eirik Skaret Monsen	03:25,3 4	00:06,3	17:08,0 5	00:26,0 1		
	6 Ole Martin Myre Nesvold	03:50,2 7	00:28,2	20:58,2 6	00:54,2 -1		
7	Medkila Skilag lag 2			21:20,4	01:16,4		92
	1 Sindre Andre Winther Torbergse	03:16,3 1	00:00,0	03:16,3 1	00:00,0		
	2 Simon Fredrik Gundersen	03:29,8 7	00:04,9	06:46,1 5	00:02,4 -4		
	3 Sindre Andre Winther Torbergse	03:28,7 7	00:09,8	10:14,8 7	00:10,8 -2		
	4 Simon Fredrik Gundersen	03:35,4 6	00:16,8	13:50,2 7	00:27,3 0		
	5 Sindre Andre Winther Torbergse	03:44,8 7	00:25,8	17:35,0 7	00:53,0 0		
	6 Simon Fredrik Gundersen	03:45,4 6	00:23,4	21:20,4 7	01:16,4 0		



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
M senior 2x3x1,5km							
8	Drevja IL lag 1			23:40,3	03:36,3		93
	1 Martin Vatshaug	03:34,6 8	00:18,3	03:34,6 8	00:18,3		
	2 Johan Andre Lindseth	04:02,6 8	00:37,7	07:37,2 8	00:53,5 0		
	3 Martin Vatshaug	03:56,6 8	00:37,7	11:33,8 8	01:29,8 0		
	4 Johan Andre Lindseth	03:58,3 8	00:39,7	15:32,1 8	02:09,2 0		
	5 Martin Vatshaug	03:54,2 8	00:35,2	19:26,3 8	02:44,3 0		
	6 Johan Andre Lindseth	04:14,0 8	00:52,0	23:40,3 8	03:36,3 0		
DNS	Mosjøen IL-Ski lag 1						96
	1 Yngvar Hansen						
	2 Yngvar Hansen						
	3 Yngvar Hansen						
	4 Yngvar Hansen						
	5 Yngvar Hansen						
	6 Yngvar Hansen						
DNS	Sortland og omegn SK lag 2						91
	1 Marcus Wilhelm Johnsen						
	2 Sondre Halvor Lange						
	3 Marcus Wilhelm Johnsen						
	4 Sondre Halvor Lange						
	5 Marcus Wilhelm Johnsen						
	6 Sondre Halvor Lange						



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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
M senior mix 2x3x1,5km							
0	Fauske/IL Stil lag 1			00:00,0			95
1	Brian Nymo Holmstrøm	03:17,8	03:17,8	03:17,8	03:17,8		
2	Håvard Magnus Mikalsen	03:38,8	03:38,8	06:56,6	06:56,6	0	
3	Brian Nymo Holmstrøm	03:38,7	03:38,7	10:35,3	10:35,3	0	
4	Håvard Magnus Mikalsen	03:44,7	03:44,7	14:20,0	14:20,0	0	
5	Brian Nymo Holmstrøm	03:42,0	03:42,0	18:02,0	18:02,0	0	
6	Håvard Magnus Mikalsen	03:54,0	03:54,0	21:56,0	21:56,0	0	



NNM Søndag stafett FRI
Sjømoen skistadion
18.03.2018
Offisiell Resultatliste



Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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